

WAC 388-112A-0230 What content must be included in safety training? (1) Safety training must consist of introductory information in the following areas:

(a) Safety planning and accident prevention, including but not limited to:

- (i) Proper body mechanics;
- (ii) Fall prevention;
- (iii) Fire safety;
- (iv) In-home hazards;
- (v) Long-term care worker safety; and
- (vi) Emergency and disaster preparedness.

(b) Standard precautions and infection control, including but not limited to:

- (i) Proper hand washing;
- (ii) When to wear gloves and how to correctly put them on and take them off;
- (iii) Basic methods to stop the spread of infection;
- (iv) Protection from exposure to blood and other body fluids;
- (v) Appropriate disposal of contaminated and hazardous articles;
- (vi) Reporting exposure to contaminated articles; and
- (vii) What to do when the worker or the resident is sick or injured, including who to report this to.

(c) Basic emergency procedures, including but not limited to:

- (i) Evacuation preparedness;
- (ii) When and where to call for help in an emergency;
- (iii) What to do when a resident is falling or falls;
- (iv) Location of any advance directives if available; and
- (v) Basic fire emergency procedures.

(2) One hour of completed classroom instruction or other form of training (such as video or online course) equals one hour of training. The training entity must establish a way for the long-term care worker to ask the instructor questions.

(3) In adult family homes, safe food handling information must be provided to all staff, prior to handling food for residents.

[Statutory Authority: RCW 74.39A.009, 74.39A.070, 74.39A.074, 74.39A.351, 74.39A.341, 18.20.270, 18.88B.021, 18.88B.035, 70.128.230, 71A.12.030. WSR 17-22-036, § 388-112A-0230, filed 10/24/17, effective 11/24/17.]